



Dear parent/carer,

With just 3 weeks left of this school year, we are already thinking ahead to September and the new school year. We often talk to our students about our school values of 'being prepared' and 'showing pride' in being a member of our school. As a school we ask for your support to ensure all students are prepared and proudly wearing the correct uniform every day. I wanted to help with the new academic year preparations by sharing an update to our uniform policy.

Changes to our uniform for September 2024



Blazers/Jumpers - Pupils will now be able to choose between wearing a school blazer OR a school jumper. Pupils can choose to wear both. They must have one or the other.

PE kit - The Cathays High kit will still be sold in YC sports. However, Pupils will be allowed to wear unbranded plain black or navy PE kit as an alternative. See the attached list for the specific items allowed. *No branded clothing items or hoodies.*



All other items remain the same. Our uniform policy is reviewed annually by our governing body. They are due to discuss our uniform policy in light of new Welsh Government Guidance in the Autumn term of the next academic year. Any further changes would be made in consultation with pupils, parents and staff.

The full uniform policy can be found on the school website. The essential uniform items that all pupils need are:

- Plain black school trousers or a plain black school skirt (no denim, jogging bottoms, leather, combats, cords or shorts. Skirts must be knee length or longer).
- Plain white school shirt (not polo shirt).
- Plain **unbranded black** school shoes or plimsolls (no trainers).
- The school blazer or jumper, or both (no hoodies, sports tops or non school branded items).
- The school tie.
- School PE kit (see attachment).

Students can wear the additional items on the list below. These are optional and are not compulsory for any pupil.

- A warm, waterproof coat (no denim or leather and no hoodies)
- Headscarves, hijabs, durags or other forms of religious and cultural head coverings must be plain black, navy or white.

The school blazer, jumper and tie can be purchased from YC Sports on Crwys Road. All other items are available from a range of affordable high street shops and supermarkets as well as YC Sports.

The school recognises that pupils with particular learning or medical needs may need reasonable adjustments to the policy. If this is something that affects your child please contact your child's Head of Year or the ALNCO to discuss this before making buying any items not on the uniform list.

With the environment and cost-of-living in mind, we also have a small stock of high quality pre-worn uniforms at the school. We always welcome donations for this scheme so please consider donating your child's outgrown uniform or PE kit to us if you think it may be of use to someone else. Please speak to your child's Head of Year if you are interested in this.

A Welsh Government grant is available for those who need support to purchase essential school items. This can be claimed once per year per pupil. Your child's Head of Year is available to help any families who need additional support to access this grant. Paper forms are available from the school reception or you can apply online using this link. <https://www.cardiff.gov.uk/ENG/resident/Schools-and-learning/Financial-support/School-Essentials-Grant/Pages/default.aspx>

Yours faithfully,
Natasha Jones
Assistant Headteacher for Inclusion & Wellbeing



**YOUNG CARERS
IN SCHOOLS
PROGRAMME**



Deputy Head: Mr. H. Picken
Deputy Head: Mr. J. Taylor
Assistant Head: Mrs. K. Harrington
Assistant Head: Mrs. N. Jones
Assistant Head: Mr. G. Taylor
www.cathays.cardiff.sch.uk @CathaysHigh

Cathays High School PE Kit

Due to the size of our site, some lessons take place off site at local sports facilities. PE will take place outdoors throughout the year. Plain black/navy PE kit can be purchased in any shop.

Items with the Cathays High School Branding are available from YC Sports.

Compulsory Items		
	<i>EITHER</i>	
T-shirt	Plain Black or Navy t-shirt or polo shirt	Cathays High t-shirt or polo shirt
Loose football-style shorts, skort, leggings or joggers	Plain Black or Navy shorts, skort, leggings or joggers	Cathays High shorts, skort, leggings
Footwear	Any trainers with a good grip are acceptable for most sports. For health & safety reasons, pupils who use Heath Park in the winter will need studded boots for additional grip. The table below shows which pupils use Heath Park.	
Optional Additional Items		
Long sleeve baselayer	Plain Black or Navy baselayer	Cathays High Baselayer
Sports socks	Plain Black or Navy socks	Cathays High socks
Long sleeve thick rugby-style jersey top (<i>advised for contact sports</i>)	Plain Black or Navy rugby-style jersey top	Cathays High Baselayer rugby-style jersey top

No hoodies. Jumpers with hoods are a health and safety risk.

No sports branded clothing items eg. Nike, Adidas, etc. The only exception to this is footwear.

	Autumn 1	Autumn 2	Spring 1	Spring2	Summer 1	Summer 2
Girls	Netball, Gymnastics, Dance Football, Basketball, Badminton (Talybont - Indoors/3G)	Netball, Gymnastics, Dance Football, Basketball, Badminton (Talybont - Indoors/3G)	Netball, Gymnastics, Dance Football, Basketball, Badminton (Talybont - Indoors/3G)	Fitness	Baseball, Cricket and athletics (Heath Park)	Baseball, Cricket and Athletics (Heath Park)
Boys	Basketball, Fitness, Gymnastics Rugby (Heath Park - studded boots needed)	Basketball, Fitness, Gymnastics Rugby (Heath Park - studded boots needed)	Basketball, Fitness, Gymnastics Football (Heath Park - studded boots needed)	Fitness	Baseball, Cricket and athletics (Heath Park)	Baseball, Cricket and Athletics (Heath Park)

Images of Choices of Compulsory Items



Images of optional Additional Items



